

# Equipment Requirements for Sports at SRCS

**ALL sports require an SRCS PE uniform short, and an SRCS Spirit or Athletic T-shirt for all practices. You will NOT be able to practice without the required uniform.**

## **Volleyball – Girls**

Knee pads

## **Football – Boys**

Rubber cleats (the same cleats can be used for soccer and/or lacrosse)

## **Basketball – Boys and Girls**

Appropriate basketball shoes

## **Soccer – Boys and Girls**

Shin guards

Rubber cleats

Soccer socks

## **Lacrosse – Boys and Girls**

Rubber cleats

Mouth Guard

## **Baseball or Softball**

Rubber Cleats

Glove

Personal batting helmet is recommended but not required.